



AUSTRALIA DAY HOLIDAY LONG WEEKEND

SATURDAY 26th

Hours: 8 – 12noon

AEROBICS

8:00am Grit Strength
8:30am RPM
9:00am Body Pump

CIRCUITS

8:00am

SUNDAY 27th JANUARY 2019

Hours: 3-6pm

AEROBICS

8:30am RPM
3:30pm Body Pump
4:30pm Body Balance

MONDAY 28th JANUARY 2019

Hours: 8 – 12noon and 4:00-7:00pm

No Childcare

AEROBICS

9:15am Body Step
10:00am Body Balance
5:30pm Body Pump

CIRCUITS

8:00am

4:30pm

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